

25th  
**PARROT HEAD BIKE RIDE FOR OUR ENVIRONMENT**



Saturday,  
**March 25, 2023**

To Benefit the Bluebonnet Swamp Nature Project and the Nature Conservancy of Louisiana

**Presented By**



*Parrot Head Club of  
Baton Rouge*



**When:** Saturday, March 25, 2023, Rides start at 8AM

**Where:** Istrouma Brewing 5590 Bayou Paul Rd. St. Gabriel, LA

**What:** A 7 to 26 mile bicycle ride to raise money for the Nature Conservancy of LA and the Bluebonnet Swamp Nature Project.

**Swag:** Each participant will receive a collector's edition **25th Parrot Head Bike Ride for Our Environment** T-shirt and ride packet, rest stops with drinks/fruit, and lunch and drinks after the ride.

**Fees:**

- **\$25.00** to pre-register online at bikereg.com
  - **\$30.00** to register the day of the ride.
- \*Registration must be received by March 13, 2023 to ensure T-shirt size selection.**

**Registration:**

- **Online:** At bikereg.com
- **Onsite:** At Istrouma Brewing from **7:00 to 7:45 am**

**Equipment:** Riders are required to provide and use their own helmets.

**Directions:** From Hwy. 30 (Nicholson Dr), turn NE onto Bayou Paul Rd. Travel about .4 miles turn right. Istrouma Brewing is on the right.

**Post-Ride Party:** Begins at 9:30 AM

“The Loyal Order of DisOrder Parrot Head Club of Baton Rouge is a non-profit organization whose purpose is to assist in local community and environmental concerns, and to provide a variety of social activities for people with similar tastes and interests.”